



The Immanuel Process

- Introduction
 - Dr. Karl Lehman www.kclehman.com
 - Immanuel means “God with us”
 - Key Verses
 - Matthew 28:20, “And surely I am with you always. . .”
 - Luke 24:31 “Their eyes were opened and they recognized him”
 - Luke 24:16 “They were kept from recognizing him”
 - Luke 24:32 “Were not our hearts burning within us. . .”

Foundational Principles

- Common Experience Is To Be Unaware Of Immanuel's Presence
- We Are Often Prevented From Sensing His Presence
- God Must Open The Eyes Of Our Hearts In Order For Us To Accurately Perceive His Presence
- There Has Never Been A Moment In Our Lives Where Jesus Was Not With Us.
- Perceiving Jesus' Presence And Hearing Him Speak His Truth Into Our Hearts Brings Deep Healing.
- Trauma Comes In Many Different Forms

Trauma

- Type B
- Type A
- The Problem of Unprocessed Pain
 - Unprocessed Pain Becomes Toxic
 - Verbal Logical Explainer (VLE)
- Trauma Is Any Experience That Exceeds Our Capacity

Basic Steps Of The Process

- Recall a Time of Appreciation
- Refresh Your Perception of His Presence
- Perceive Jesus' Presence
- Stick with the Process
- Always Allow Jesus to Lead
- Filter Out Lies
- Experience His Love
- Listen to Jesus
- Linger in His Presence
- End with Thanksgiving
- Never Give Up

Important Instructions: Please Read and Respond

IMPORTANT INSTRUCTIONS!! PLEASE READ & RESPOND...

OK... Lets establish the basics...

- ① You love me with an everlasting love.
- ② You are not angry with me...
- ③ **IMPORTANT!!** I am not angry with You...
- ④ I'm not sure that I know how to get back to a good place...
 - (+) "Well then, let ME meet you there."
 - (me) "How?"
 - (+) "It's done, I'm right here."
 - (me) "I love You..."
 - (+) "I love You too..."

